

May 2012

4A CHOICE OF 2 SIDES
(varies daily)

FRUITS

- Strawberries
- Banana
- Orange wedges
- Grapes
- Apple slices
- Applesauce
- Raisins
- Pineapple tidbits
- Watermelon
- Canned peaches
- Canned pears
- Cantaloupe
- Mandarin oranges
- 100% Juice box

VEGGIES

- Carrots/dip
- Cauliflower/dip
- Broccoli/dip
- Celery/peanut butter
- Cucumbers/dip
- Cherry tomatoes
- Hummus

DAIRY

- Cottage cheese
- Cheese cubes
- String cheese
- Pudding
- Yogurt

SNACKS

- Granola bar
- Pretzels
- Chex mix
- Fruit snacks
- Peanut butter on bread

Choice of Chocolate or white skim milk offered daily

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Fish Sticks Corn on cob	2 Grilled Chicken on bun, Potatoes	3 Pizza Boat Salad	4 (HS) Mac-N-Cheese (Elem) Corn Dog, Green beans	5
6	7 Spaghetti, Garlic Toast	8 Johnny Rib on bun, Potato	9 Hot dog, Chili	10 Taco w/ cheese Salad	11 (HS) Tuna noodle Casserole (Elem) Grilled cheese, Chips & salsa	12
13	14 (HS) Chicken & noodles (Elem) Sub sandwich, doritos	15 Hamburger on bun, French fries	16 Ham, egg & cheese on English muffin, Hash browns	17 Quesadilla, Salad	18 Chicken Teriyaki & rice Egg roll, Fortune cookie	19
20	21 Cook's Choice	22 1/2 day No lunch	23 (HS) Cook's choice (Elem) Sack lunch	24 No school Teacher's Inservice	25 Report card pick up day!	26
27	28	29	30	31		